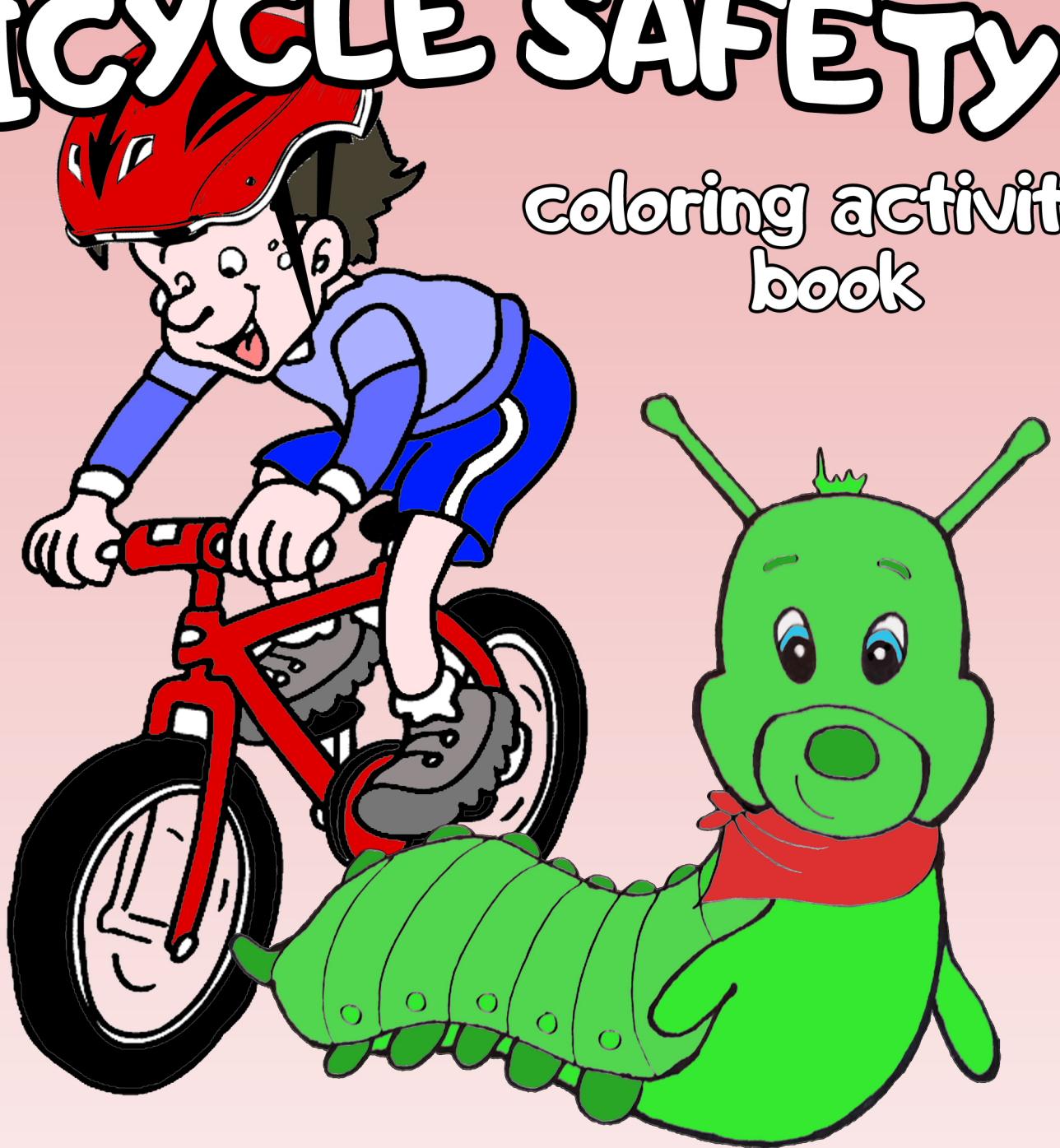


Safety Sammy Presents

BICYCLE SAFETY

coloring activity
book



APPLE INSURANCE
OF SOUTH HAVEN, INC.

Bicycle Safety Rules



Avoid riding at night!

Always check for traffic!

Follow traffic rules!

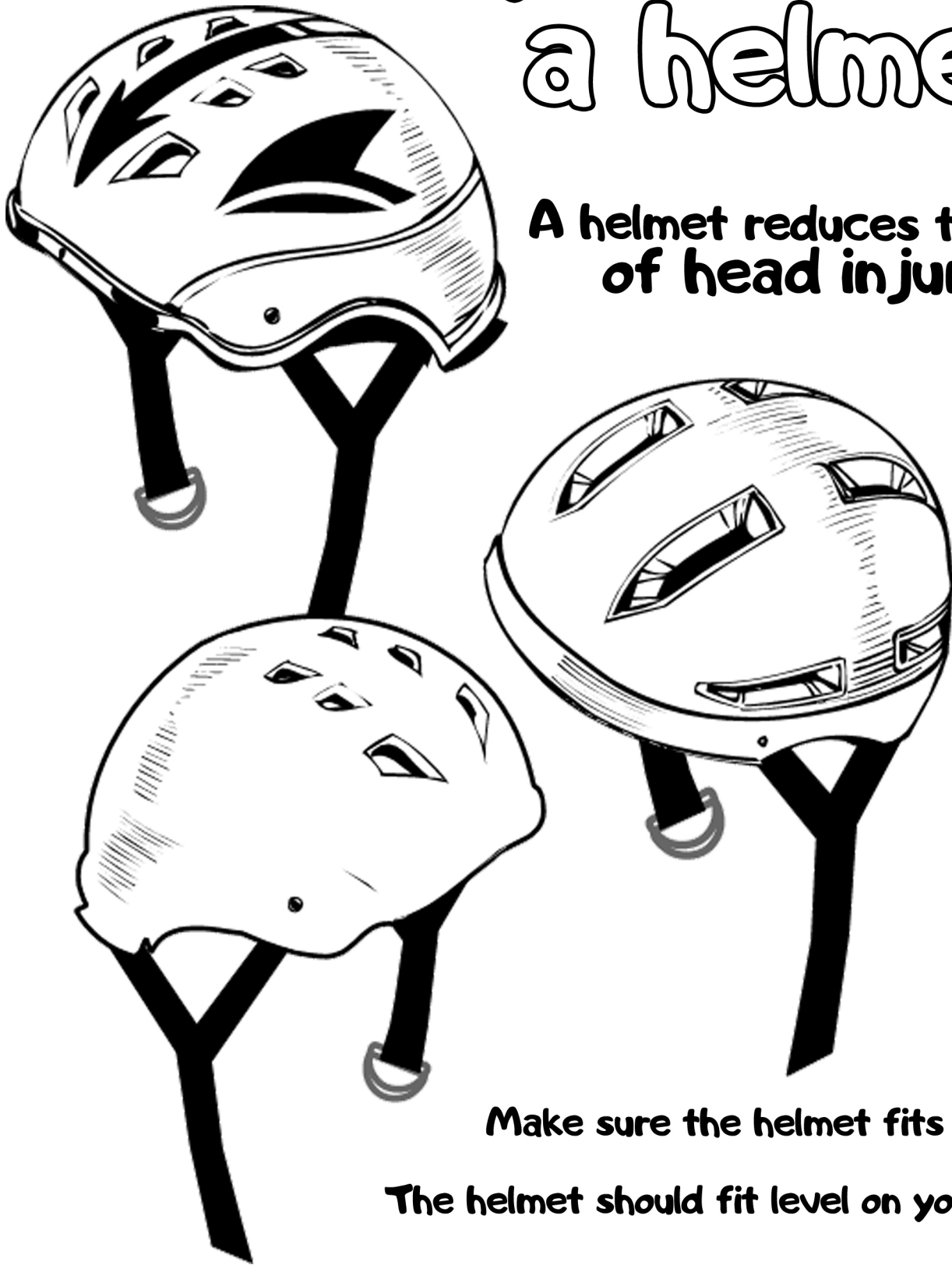
Use bike lanes!

**Make eye contact
with drivers!**

Use hand signals!

Always wear a helmet!

**A helmet reduces the risk
of head injury!**



Make sure the helmet fits snugly!

The helmet should fit level on your head!

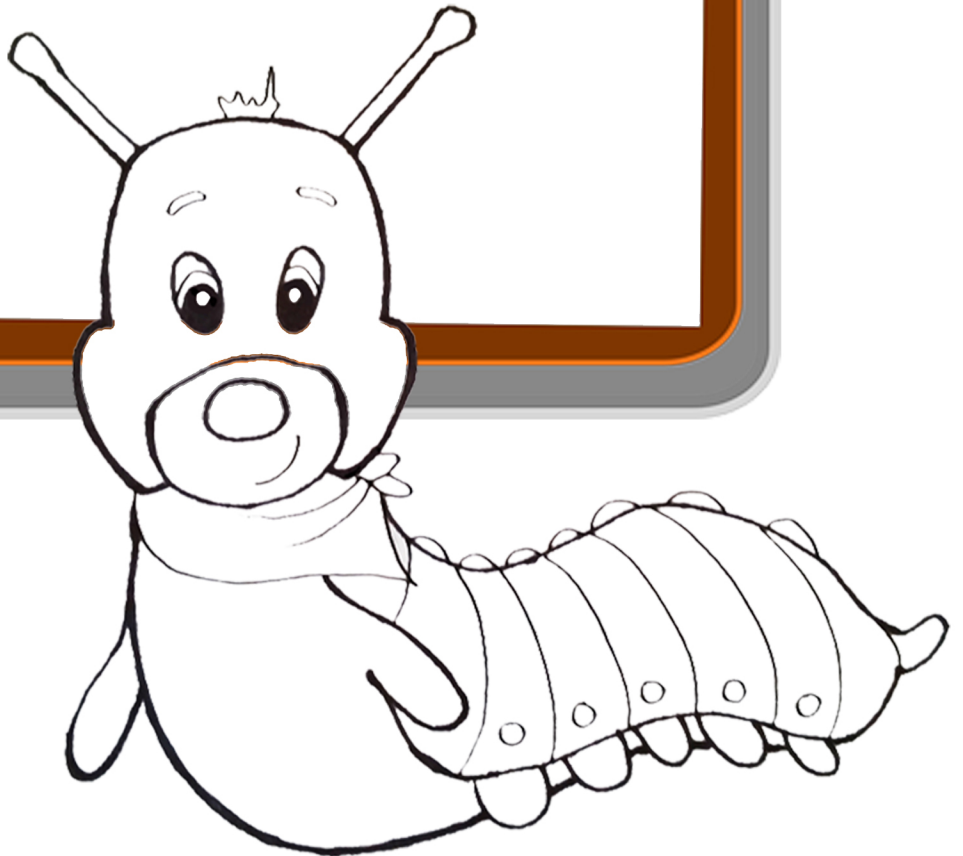
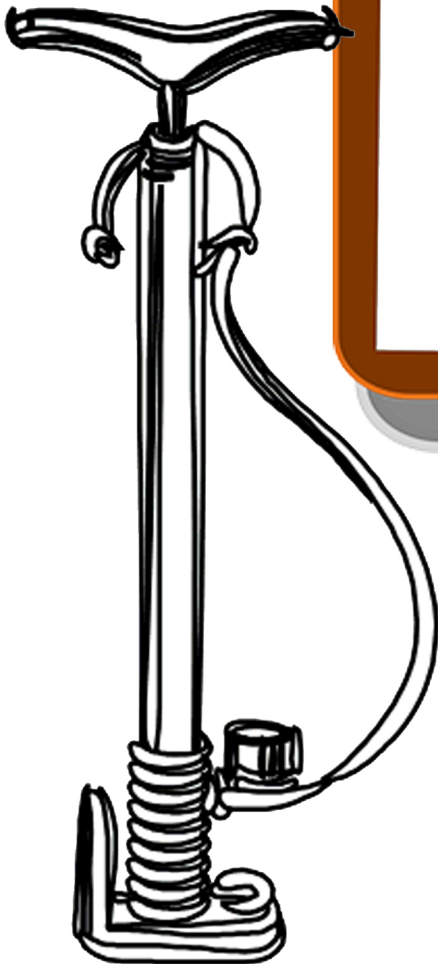
Safety Checklist!

Are the breaks working?

Is the chain tight?

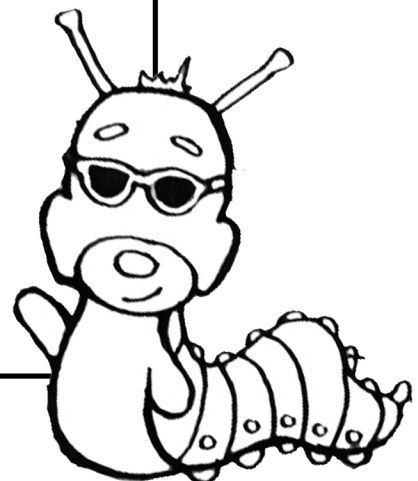
Do the tires have air?

Are the handlebars tight?



Draw Possible Hazards!

Potholes, broken glass, gravel, traffic, dogs, and puddles are just some of the hazards you may come across.



Sammy's Word Search!

V M T D N G Q N S H S P K T W
T N A K R I G H L E E S I Y O
Q X W A L I A R P L R P X Z V
M R V E S S X H R M I Y O U D
L E P P A E Q J C E T P Z C Q
L E O I A T G P N T G B P S L
E T T N Y T H Y I E L D X R V
S A C Q N M I E F F P O X A F
L A N G I S O B R E K W H B X
C I N R W G I D T K Y G V E B
B I C Y C L E U H U T T V L J
V I Z T Q G O A P Z W Z I D G
C I C S Q R E P R K I K L N P
Y F L V T J I Y E S F T G A W
I D J Z V I W Q X D I S M H G

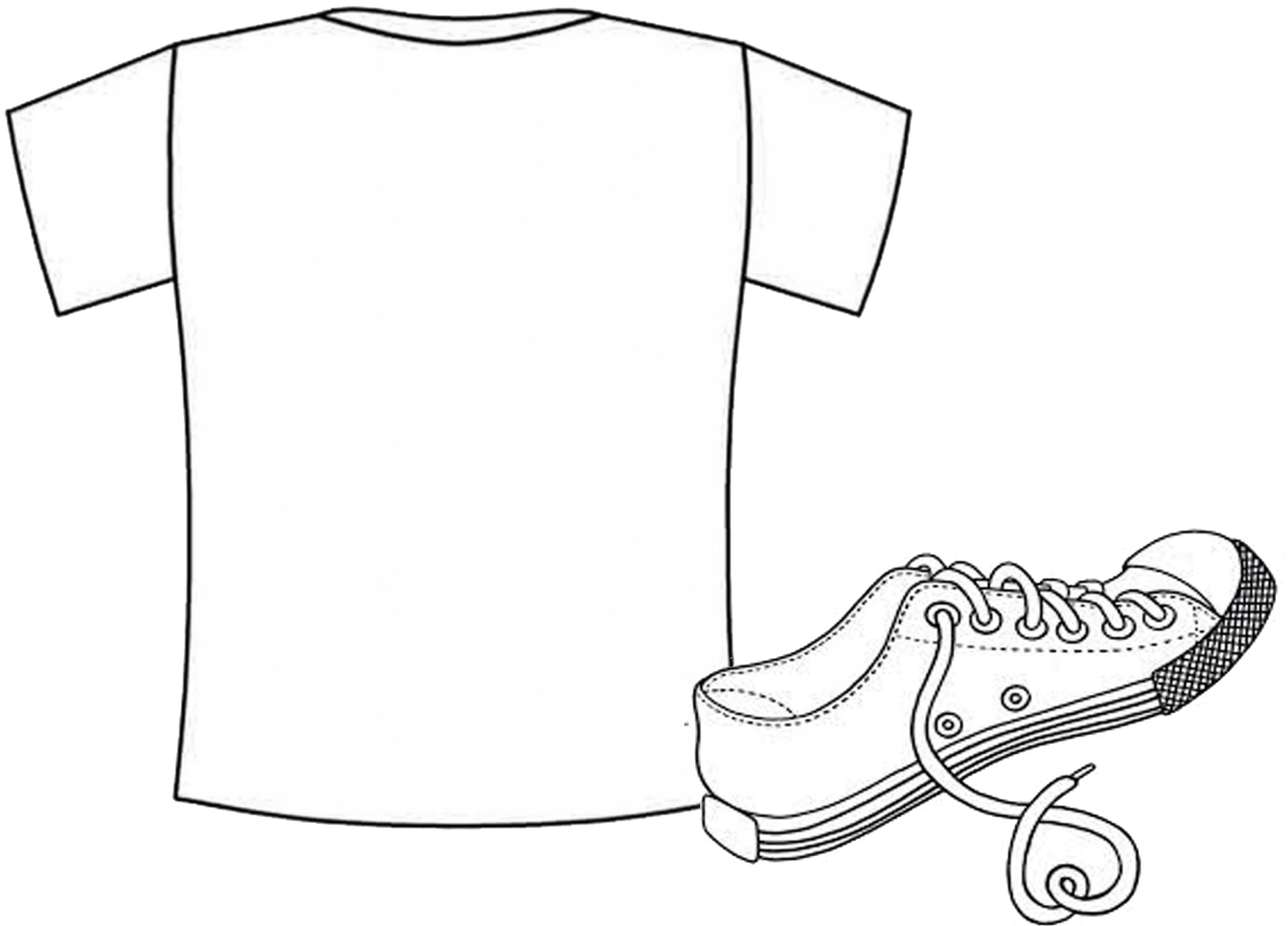
BICYCLE
GRAVEL
ROUTE
TIRES

CHAIN
HANDLEBARS
SIGNAL
WEATHER

GEARS
HELMET
STOPSIGN
YIELD



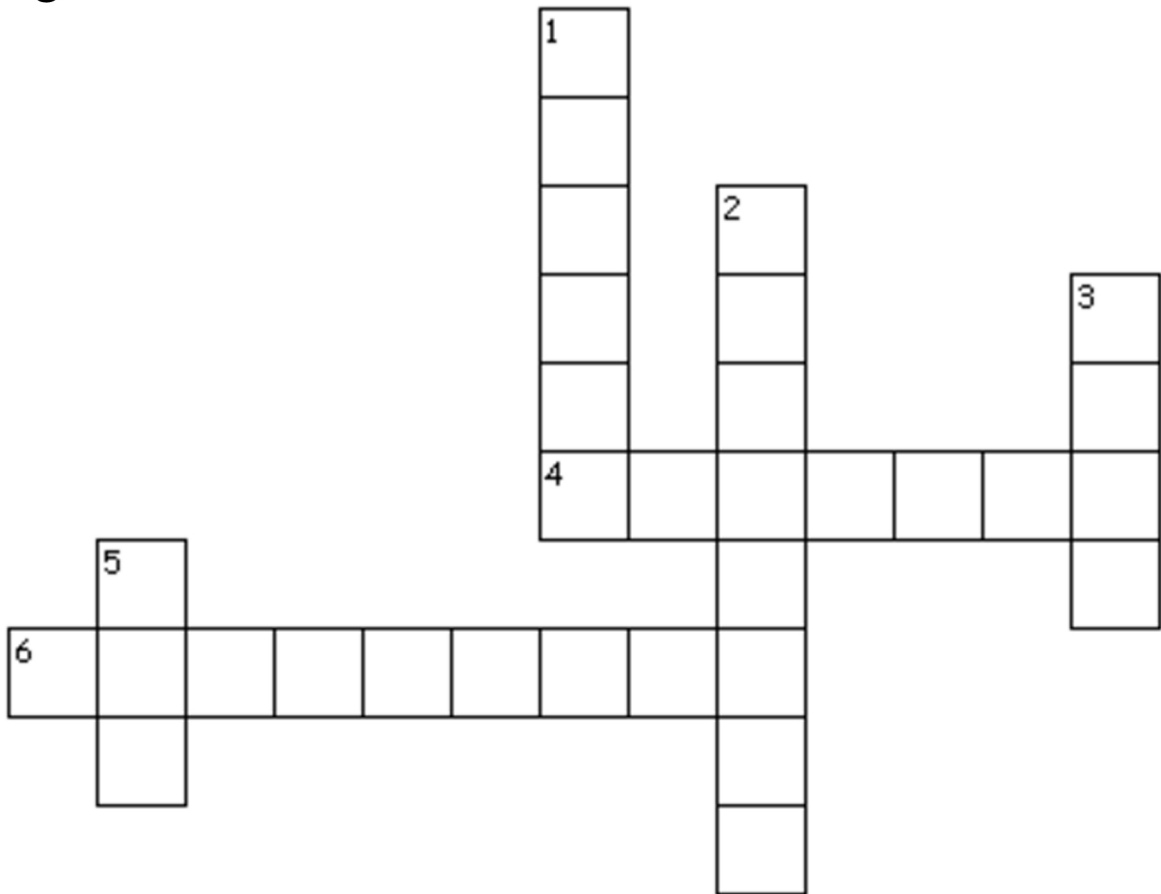
Appropriate Clothing!



Make sure to wear bright colored clothing and make sure to not wear anything that will get caught in the bike chain, such as shoelaces or loose pant legs!

Sammy's Cross Word!

Sammy was going on a bike ride to the store. He made sure his tires had air and his handlebars were straight before he left. He signaled to let traffic know which way he was turning before he reached the store.



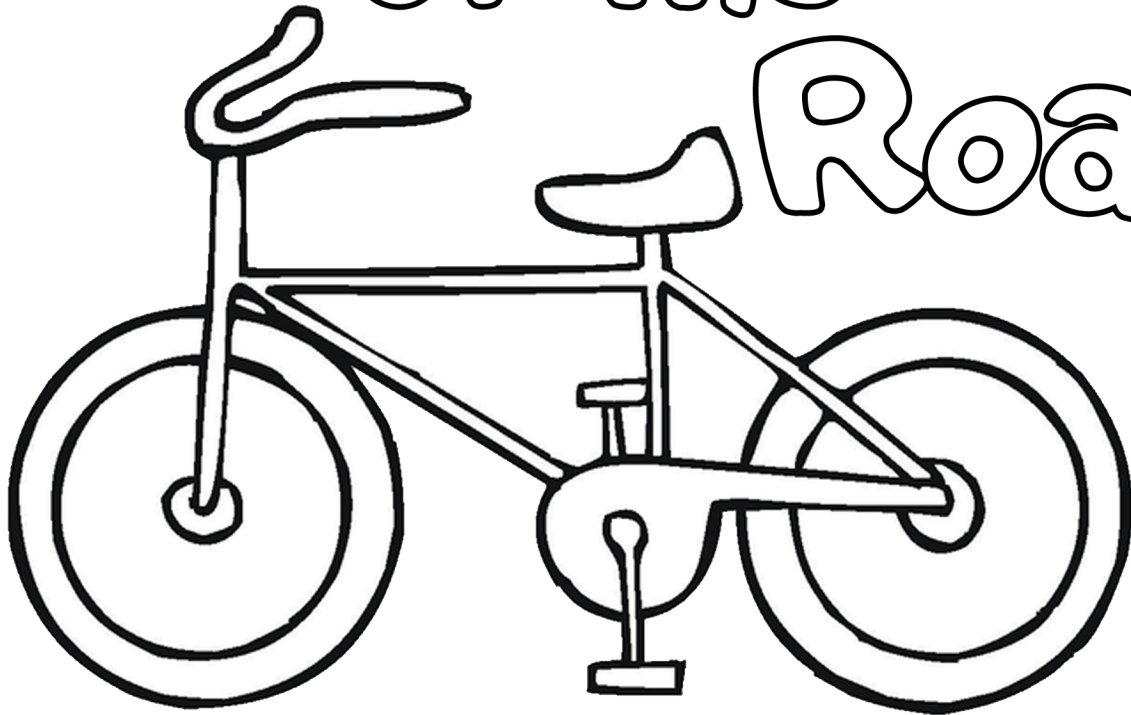
Across

- 4. Always pay attention to
- 6. Never turn without

Down

- 1. Never ride without wearing a
- 2. Make sure your handlebars are
- 3. Always secure your bike with a
- 5. Make sure your tires have

Rules of the Road!



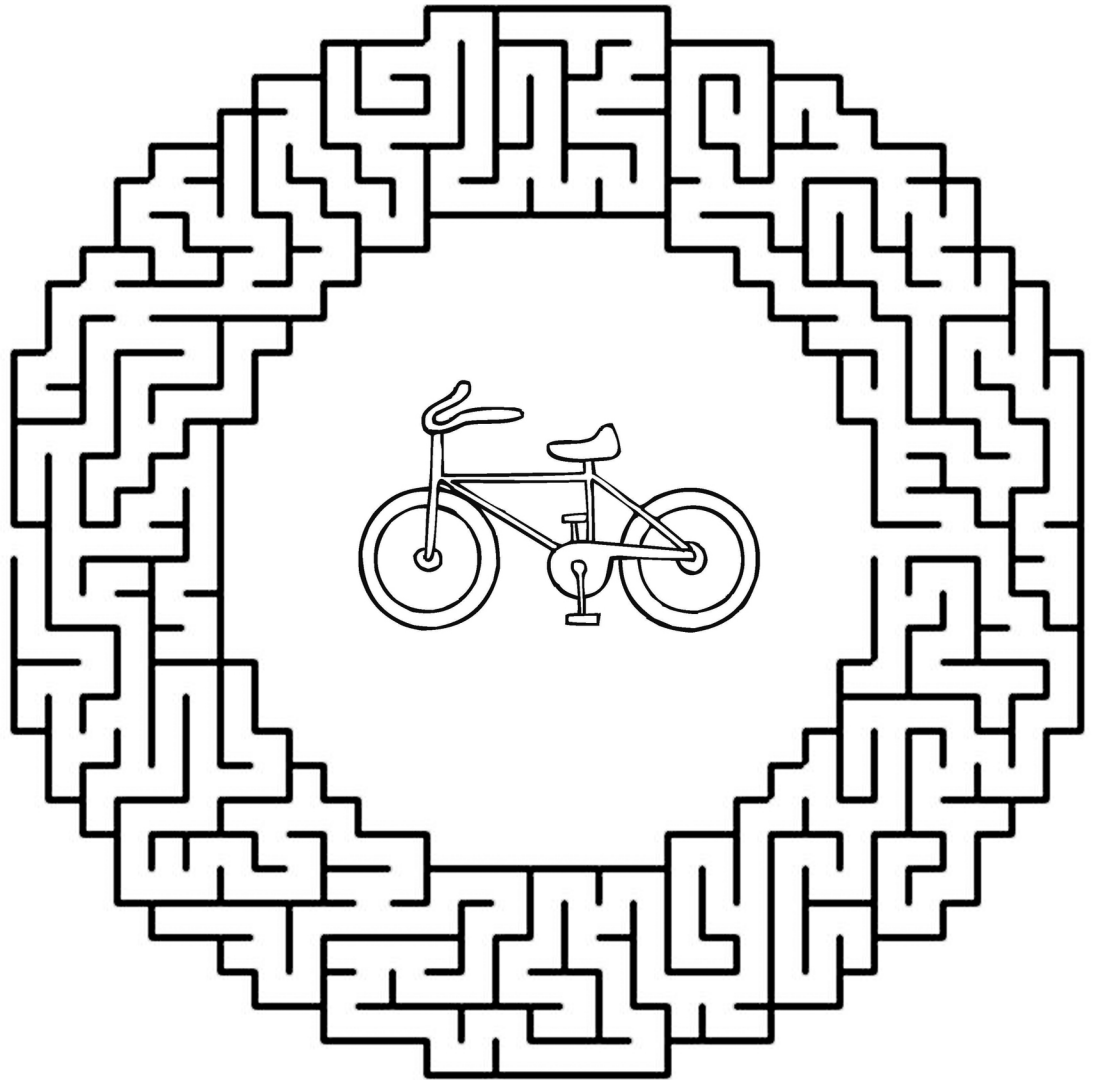
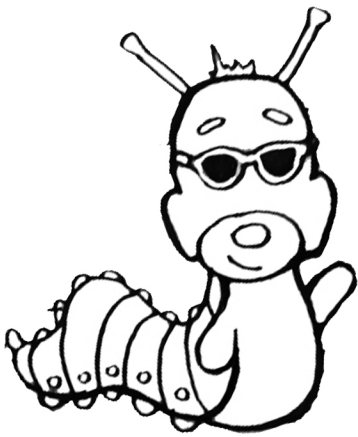
Go with the flow of traffic - Never against it!

Be predictable! Make your intentions clear to everyone on the road!

Obey all traffic signs, signals, and lane markings!

Stay alert at ALL times! Use your eyes and ears!

Safety Maze!



Help Sammy get to his bike!

The #1 Rule!

Make your
OWN
decisions!



Don't just follow your friends!

PROGRESSIVE[®]



APPLE INSURANCE
OF SOUTH HAVEN, INC.